

FOOD FOR PEOPLE

# COMMUNITY MARKET

est. 1975

NOT FOR PROFIT

**NEW HOURS**

**SANTA ROSA**  
1899 Mendocino Ave.  
(707) 546-1806  
10 am - 7 pm daily



**SEBASTOPOL**  
6762 Sebastopol Ave.  
(707) 407-4020  
8 am - 9 pm daily



# July Sales

prices valid 6/29 - 8/02/2026  
all product not available at all locations

**Califia Farms**  
Iced Coffee  
Black Unsweetened  
72 FL OZ

**\$8.79**  
+CA CRV



**Goodpop**  
Frozen Pops  
Watermelon Agave  
4/2.75OZ

**\$6.49**



**My Bacon**  
Original Meatless Bacon  
6 OZ

**\$9.49**



**Brew Dr. Kombucha**  
Organic Kombucha  
Berry Ginger  
14 FL OZ

**\$2.79**  
+CA CRV



**Let's Do Organic**  
Organic Ice Cream  
Cones  
Sugar  
4.6 OZ

**\$4.99**



**Waterloo**  
Sparkling Water - Peach  
8/12 FL OZ

**\$7.99**  
+CA CRV



**Dandies**  
Vegan Marshmallows  
Vanilla  
10 OZ

**\$4.49**



**Rw Knudsen Family**  
Mixed Berry Recharge  
32 FL OZ

**\$3.29**  
+CA CRV



**Sappo Hill Soapworks**  
Glycerine Cream Soap  
3.5 OZ

**\$2.99**  
PER BAR



**Atrantil**  
Digestive Health Caps  
90 ct.

**\$37.49**



**Shikai Products**  
Shampoo or Conditioner  
Everyday  
12 FL OZ

**\$10.49**  
each



May not be available at both locations

**Bala**  
Hydration Recovery  
Sticks  
Pineapple  
8 CT

**\$14.79**





## MICAH'S HUGS

### Their Mission

Micah's Hugs is dedicated to educating youth of the dangers of substance abuse & fentanyl poisoning, bringing awareness to the disease, breaking the stigma that follows it, in addition helping those that are suffering with addiction or loss of a loved one.

### Micah's Story

Six years ago, Micah Sawyer founded Micah's Hugs after losing his son, Micah Jr., to a fentanyl overdose. Micah Jr. had been the captain of the Analy High School football team for two years.

"Because the people who are using drugs aren't necessarily who you think they are," Micah explains. His son hid his drug use throughout high school, possibly starting as early as middle school. After graduation, he worked alongside his father in construction.

In response to their loss, Micah and his wife, Michelle, created Micah's Hugs to raise awareness about the dangers of fentanyl and to educate communities on how overdoses can be reversed using Narcan (naloxone nasal spray). To date, Micah's Hugs has distributed more than 38,000 doses of Narcan.



*Micah Jr, 22*



Find a  
Narcan/  
Naloxone  
box location



Donate to  
Micah's Hugs  
here or at the  
register



# GROCERY & CHILL DEALS

**Abbot Butcher**  
Protein Veggie Burger  
Italian Herb  
8 OZ

**\$7.49**



**Alvarado St. Bakery**  
Sprouted Burger Buns  
100% Whole Grains  
13 OZ

**\$5.79**



**Field Roast**  
Plant-Based Miniature  
Corn Dogs  
10 OZ

**\$8.49**



**Jeesauce**  
Sauce  
Cilantro Lime  
9 FL OZ

**\$6.49**



**Wildbrine**  
Kimchi - Korean  
18 OZ

**\$6.79**



**Good Foods**  
Chunky Guacamole Dip  
7 OZ

**\$4.99**



**Bubbies**  
Kosher Dill Pickles  
Spicy  
33 OZ

**\$8.99**



**Wild Tonic**  
Kombucha -  
Raspberry Jun  
12 FL OZ

**\$3.99**  
+ CA CRV



**Almond Breeze**  
Almond Milk  
Unsweetened Vanilla  
32 FL OZ

**\$2.99**



**Portland**  
Ketchup  
14 oz

**\$6.49**



**Annie's Homegrown**  
Macaroni & Cheese  
Shells & White Cheddar  
6 OZ

**\$3.99**



**Simply Organic**  
Organic Dip Mix  
Ranch  
1.5 OZ

**\$2.29**



**Roar Organic**  
Enhanced Water  
Dragon Fruit Punch  
18 FL OZ

**\$2.29**

+CA CRV



**Sea Tangle Noodle Company**  
Kelp Noodles  
12 oz

**\$4.99**



**Fillo's**  
Walking Tamales  
4 OZ

**\$2.79**



**Santa Cruz Organic**  
Organic Lemonade  
Strawberry  
32 FL OZ

**\$3.79**

+CA CRV



# EVENTS

## JULY 2026



### REOCCURRING WEEKLY EVENTS:

**COMMUNITY YOGA - SEB**  
 Mondays 7pm - 8 pm  
 Bring your mat - to the lawn



**STITCH N BITCH NIGHT** 5:30 pm, Tuesdays

Wednesdays & Sundays  
**SENIOR DISCOUNT**  
 10% off all day



MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### JULY'S EVENTS:

3 Happy Hour Music, 4-6 pm Scott Laws, donations accepted  
 The Garden at Sebastopol Community Market



11 LBZ & On The Same Page 6 - 8 pm  
 Live on The Mel Minton Stage at Sebastopol Community Market



17 Happy Hour Music, 4-6 pm Scott Laws, donations accepted  
 The Garden at Sebastopol Community Market



19 Clothing Swap 11 am - 2:30 pm  
 Santa Rosa Community Market



25 Brain Francis Baudoin & The Swampdawgs 6 - 8 pm  
 Live on The Mel Minton Stage at Sebastopol Community Market



26 Kids in Business - Homeschoolers Sell What They Made  
 12-2 pm Sebastopol Community Market



# HEALTHY DISCOUNTS IN WELLNESS

**All Good**  
Deodorant Stick  
Cedarwood & Spruce  
2.5 oz

**\$9.99**



**Lily Of The Desert**  
Stomach Formula  
Mint

**\$1.79**

2 oz

**\$16.99**

32 oz



**Ancient Secrets**  
Nasal Spray  
Breathe Again  
3.38 FL OZ

**\$10.99**



**Clearlife-Medinatura**  
Allergy Relief - Extra  
Strength  
60 TAB

**\$13.99**



**Wiley's Finest**  
Fish Oil - Peak EPA  
30 Soft Gels

**\$21.99**



**David's**  
Refillable Floss Kit

**\$8.99**



**T-Relief-Medinatura**  
Pain Relief Tablets  
Arnica +12  
100 TAB

**\$13.99**



**All Good**  
Goop Balm  
1 oz

**\$8.49**



**Good Clean Love**  
Personal Lubricant  
Almost Naked  
4 OZ

**\$16.99**



**Beauty Without Cruelty**  
Eye Make-Up Remover  
Extra Gentle  
5 FL OZ

**\$9.49**



**Shikai Products**  
Hand & Body Lotion  
Coconut  
8 FL OZ

**\$9.99**



**Ultima Replenisher**  
Electrolyte Drink Mix  
Raspberry  
3.4 OZ

**\$21.49**



**Reboost-Medinatura**  
Cold & Flu Tablets  
Zinc +10 Lemon  
60 TAB

**\$15.49**



**Lily Of The Desert**  
Organic Aloe Vera Juice  
Preservative Free  
32 FL OZ

**\$7.99**



**David's**  
Toothpaste  
Orange Vanilla  
4 OZ

**\$8.49**



**Yerba Prima**  
Daily Fiber Formula  
12 OZ

**\$16.99**



# TASTY SAMPLING JULY 2026



## SANTA ROSA

WED 01

**JEE SAUCE** 

ALMOND DIPS MADE WITH AVOCADO OIL

11 AM — 2 PM

FRI 03

**MARINI'S CONSERVES** 

CHIMICHURRI

4 PM — 6 PM

FRI 10

**HEALING HOMES**  

GRAHAM CRACKERS WITH ORGANIC CLOVER MILK

1 PM — 3 PM

SAT 11

THU 16

SAT 18

11 AM — 2 PM

3 PM — 6 PM

11 AM — 2 PM

**TOBY'S FINE FOODS** 

ORIGINAL DIPS, JALAPENOS, AND THE BLEU CHEESE DRESSING

FRI 17

**RENEGADE FOODS**  

SMOKY SOPPRESSATA WITH ORGANIC EDWARD AND SONS PLAIN RICE CRACKERS

12 PM — 2 PM

FRI 25

**GOPAL'S** 

ORGANIC UNSALTED PUMPKIN SEED BUTTER

1 PM — 3 PM

FRI 31

**HEALING HOMES** 

GARDEN HERB CRACKER

1 PM — 3 PM

## ADDITIONAL SEBASTOPOL SAMPLES

SAT 18

**MELISSA'S BREADS**

11 AM — 2 PM

TUES 28

**SACRED MUSHROOMS**

1 PM — 3 PM

## SEBASTOPOL

THU 02

**RENEGADE FOODS**  

SMOKY SOPPRESSATA WITH ORGANIC EDWARD AND SONS PLAIN RICE CRACKERS

1:30 PM — 3:30 PM

FRI 03

**HARU** 

MATCHA OAT MILK LATTE

11 AM — 2 PM

MON 06

**DIVINE ORGANICS**  

CACAO PILI NUTSWITH SACRED MUSHROOMS SEA SALT AND GINGER CACAO ADAPTOGENIC BLEND

1 PM — 3 PM

TUE 07 & 14

MON 20

MON 20

1:30 PM — 3:30 PM

1:45 PM — 3:45 PM

1 PM — 3 PM

**CIRQUE DU FERMENTS** 

JUN KOMBUCHA

THU 09 & 13

MON 20

THU 23

1:30 PM — 3:30 PM

1:45 PM — 3:45 PM

1 PM — 3 PM

**AZURE STANDARD**  **& SWEET CREEK** 

ORGANIC TORTILLA CHIPS & MEDIUM SALSA

FRI 10

SAT 18 & WED 22

3 PM — 6 PM

4 PM — 7 PM

**TOBY'S FINE FOODS** 

ORIGINAL DIPS, JALAPENOS, AND THE BLEU CHEESE DRESSING

MON 13

**NORTHBOUND COFFEE** 

MAINLINE ORGANIC COFFEE WITH ACCOUTREMENT

1 PM — 3 PM

THU 16

MON 27

1:30 PM — 3:30 PM

1 PM — 3 PM

**G NOLA**

WITH ORGANIC CLOVER OR COCOJUNE YOGURT

# GROCERY & CHILL DEALS

**Alden's Organic**  
Organic Ice Cream  
Vanilla Bean  
48 FL OZ

**\$13.49**



**Forager Project**  
MILK, OG2, Coconut  
Milk - Unsweetened  
28 FL OZ

**\$5.49**



**Field Roast**  
Plant-Based Frankfurters  
Classic Smoked  
12 OZ

**\$6.99**



**Food For Life**  
Ezekiel 4:9 Pita Bread  
Made with Organic  
Ingredients  
10 OZ

**\$3.79**



**Farmhouse Culture**  
Organic Gut Shots  
Golden Turmeric  
16 FL OZ

**\$5.99**



**Meyenberg**  
Plain Goat Yogurt  
6 oz

**\$2.29**



**Jonny Pops**  
Cotton Candy  
Popsicles  
14.8 oz

**\$6.99**



**Upton's Naturals**  
Chorizo Seitan  
8 OZ

**\$4.99**



**Cascade Mountain Spring**  
Water  
Sparkling Water  
28 FL OZ

**\$2.79**  
+CA CRV



**Unique Pretzels**  
Splits Pretzels  
Sprouted 100% Whole  
Grain  
8 OZ

**\$5.29**



**White Leaf Provisions**  
Baby Food - Pear,  
Banana, Kiwi  
90 g

**99¢**



**Full Circle**  
Scrubber Sponge  
2PK

**\$4.79**



**World Centric**  
Cold Paper Cups  
10/16 oz

**\$2.99**



**Reel**  
Bamboo Toilet Paper  
4 CT

**\$8.49**



**If You Care**  
100% Biomass  
Firelighters  
72 CT

**\$9.49**



**Ecoss**  
Toilet Kleener  
24 FL OZ

**\$4.99**





# JULY 2026 EVENTS

learn more & register for classes at [sebarts.org/monthly-calendar](http://sebarts.org/monthly-calendar)



## SEBASTOPOL CENTER FOR THE ARTS PRESENTS YOUTH SUMMER ART CAMP



**JUNE 22 - AUGUST 7 REGISTER NOW!  
CLASSES FILL EARLY**



**Jizo Peace Project**  
Friday, July 3  
1:30 PM - 4:00 PM



**Poetic Medicine**  
Tuesday, July 14  
4:00 PM - 5:00 PM



**Artist as Activist Panel**  
Friday, July 10  
4:00 PM - 6:00 PM



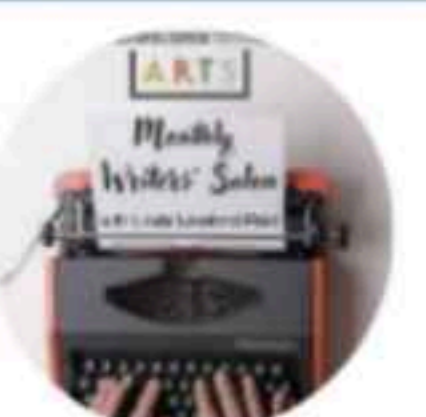
**When Voices Rise:  
Songs & Poems of Resistance**  
Friday, July 17  
6:00 PM - 8:00 PM



**Collage Your Story with Catherine Cruz**  
Saturday, July 11  
11:00 AM - 3:00 PM



**July Writers Salon**  
Thursday, July 23  
3:00 PM - 5:30 PM



**SoCo Poet Laureate  
Inauguration 2026**  
Sunday, July 12  
2:00 PM - 5:00 PM



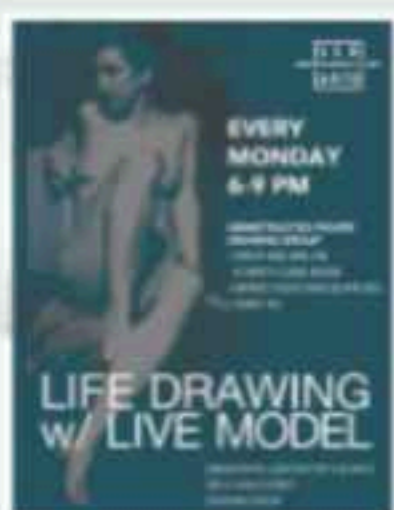
**Explore Gel Plate Printing**  
Sunday, July 26  
11:00 AM - 3:00 PM



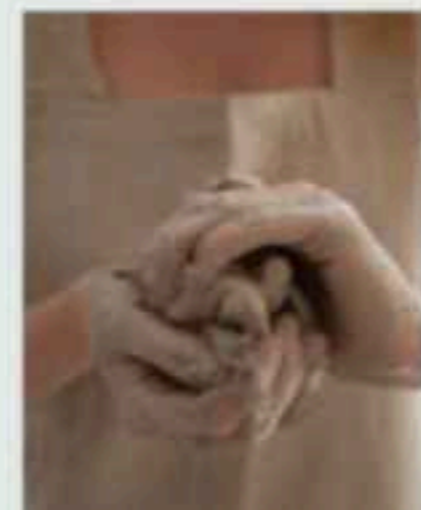
**Songs for the Living**  
Sunday, July 26  
3:00 PM - 5:00 PM



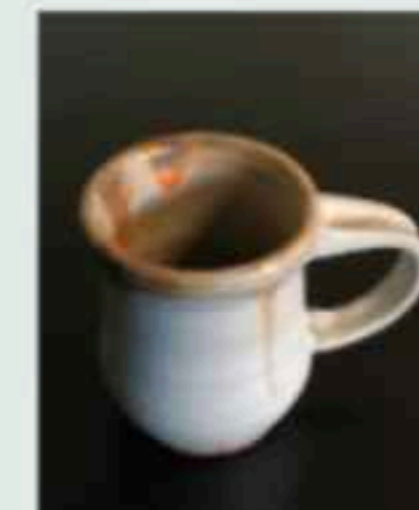
### WEEKLY CLASSES



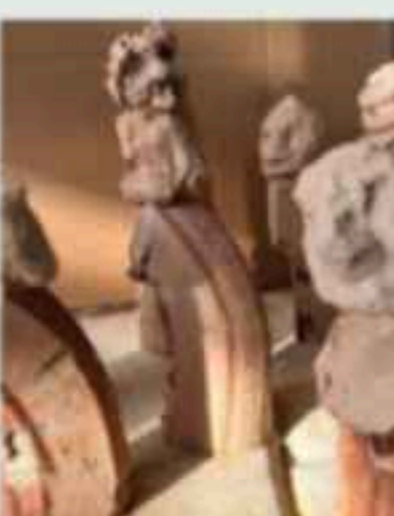
**Life Drawing Meet-Up**  
Mondays  
July 6th - July 27th  
6:00 PM - 9:00 PM



**Hand-building**  
Wednesdays  
July 22nd - Aug. 5th  
1:30 PM - 4:00 PM



**Intro to Peaceful Pottery**  
Wednesdays  
July 22nd - Aug. 26th  
6:00 PM - 8:00 PM



**Clay Exploration  
Evenings Level 2**  
Thursdays  
July 16th - Aug. 20th  
6:00 PM - 8:30 PM



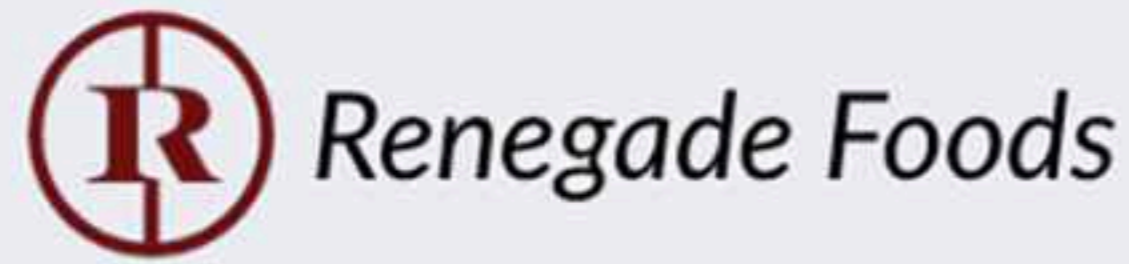
**Intro to Wheel Throwing**  
Fridays  
July 24th - Aug. 28th  
5:00 PM - 7:30 PM



**Intro to Wheel Throwing II  
Intermediate**  
Saturdays  
July 25th - Aug. 29th  
5:00 PM - 7:30 PM



# CHOPPED CHEF'S SALAD



SERVINGS: 3 - 4

## INGREDIENTS

### Golden Maple-Mustard Vinaigrette:

- ¼ Cup Dijon Mustard
- ¼ Cup Lemon Juice
- 2 Tablespoons Maple Syrup
- 1 Teaspoon Italian Seasoning
- ¼ Teaspoon Salt
- ¼ Teaspoon Ground Black Pepper
- ½ Cup Olive Oil

### Chopped Salad:

- ½ Pound Romaine or Butter Lettuce, Chopped
- 3 - 4 Ounces **Renegade Smoky Salami Soppresata**, Thinly Sliced
- 1 Large Tomato, Diced
- ½ Seedless English Cucumber, Quartered and Sliced
- ½ Cup Cooked Chickpeas
- ½ Cup Shredded Vegan Cheddar Cheese
- 1 Stalk Celery, Diced
- 1 Medium Carrot, Peeled and Sliced
- ¼ Small Red Onion, Finely Diced

## DIRECTIONS

1) To make the dressing, place the mustard, lemon juice, maple syrup, Italian seasoning, salt, and pepper your blender or food processor. Pulse to combine. With the motor running, slowly drizzle in the olive oil just a little bit at a time to emulsify. Once fully incorporated. Transfer to a glass jar or cruet and set aside.

2) For the salad, spread the lettuce out in an even layer in a large salad bowl. Arrange the salami, tomato, cucumber, chickpeas, shredded cheese, celery, carrot, and onion on top in compact, attractive piles for maximum visual appeal.

3) Drizzle lightly with the vinaigrette. To serve, toss to combine. Add more dressing to taste or serve with extra on the side.

Note: The dressing can be made well in advance and kept in an airtight container or glass jar in the fridge for up to three weeks.



### Taste Renegade Vegan Salami

Sebastopol Store: Thursday 07/02, 1:30 pm - 3:30 pm

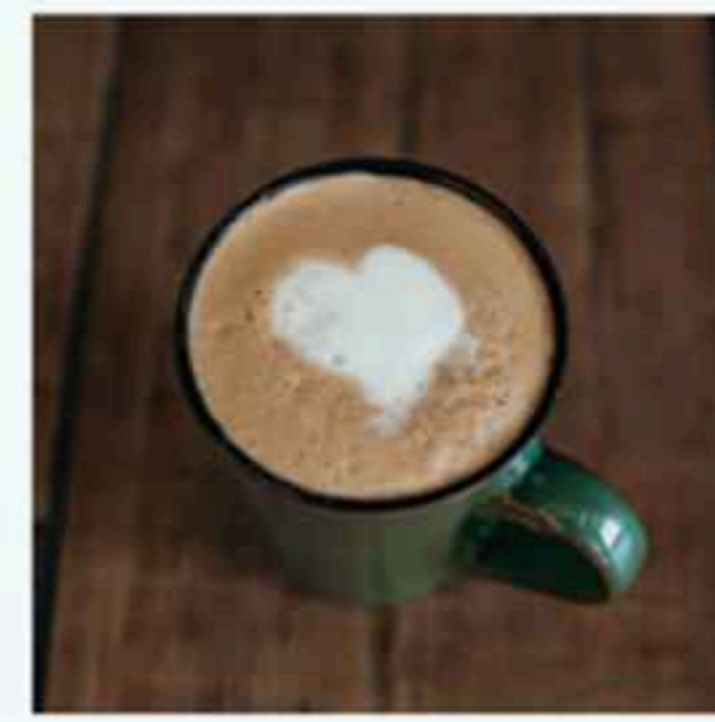
Santa Rosa Store: Wednesday 07/22, 1:00 pm - 3:00 pm

SEBASTOPOL COMMUNITY MARKET'S  
TAPROOM & ESPRESSO BAR

**OPEN DAILY 8 AM - 9 PM**  
**LAST CALL 8:30PM!**



**HAPPY HOUR 4 - 6 PM**  
**\$1 OFF PINTS & GLASSES OF WINE**



Follow the Garden Taproom and Espresso Bar on Instagram for more specials and events happening at CM!



# Summer on the Stage

Sebastopol Community Market

Mel Minton Memorial Stage



**JULY**



## LBZ & On The Same Page

Saturday July 11 • 6-8 PM

## Brain Francis Baudoin & The Swampdawgs

Saturday, July 25 • 6-8 PM

FOOD FOR PEOPLE



### COOKING UP THE BEST FOR YOU

### 7 DAYS A WEEK - 8 AM TO 6 PM

The Deli offers custom & signature sandwiches, wraps, salads, daily specials, a delicious rotating hot-bar, quick grab & go options, meat & cheese by the pound.

Call our deli to find out what we're serving today: (707) 407-4020





# COMMUNITY YOGA

## GROUND & GENTLE FLOW

**Mondays**  
**Starting July 6th**  
7 - 8pm

A gentle community yoga practice blending mindful movement, presence, strength, and relaxation.

- ✔ Bring a mat
- ✔ Arrive a few minutes early
- ✔ Donation Based

Sebastopol Community Market  
6762 Sebastopol Ave - **on the grass out front**

For questions → Contact Jody  
808 - 681 - 2122



## CLOTHING SWAP



Sunday, July 19th 11 AM - 2:30 PM  
Santa Rosa Community Market  
1899 Mendocino Ave.

- Bring your clean, gently used clothes or just come browse
- No money needed, everyone is welcome to shop
- Clothing drop-offs close at 1:00 pm



## COMMUNITY MARKET

**NOW DELIVERED**  
*through Instacart*

- 🌿 Organic Produce
- 🌱 Local Goods
- 🥗 Prepared Foods
- 🛒 Everyday Essentials

SCAN TO SHOP



*Search Community Market on Instacart*

Available in Santa Rosa & Sebastopol  
Delivery only • Pickup unavailable

NEW AT COMMUNITY MARKET!

# RECYCLE. Earn. Support.

*It's that easy!*



Better for our planet.



Turn recyclables into extra cash.



Support local inclusive jobs.

Your recyclables put money back in your pocket, keep valuable resources out of the landfill, and create inclusive employment opportunities in our local community.

## HOW **DROP+GO** WORKS

1



**PICK UP**  
your FREE Drop+Go bags here

2



**FILL IT**  
with your sorted CRV bottles & cans

3



**DROP IT OFF**  
at any Drop+Go location near you

4



**GET PAID**  
digitally within 72-business hours!

PICK UP YOUR FREE **BAGS** HERE!

We Accept:

### All CA CRV

Aluminum, Plastic & Glass Containers



### AND

Wine & Distilled Spirits in Boxes, Bladders, Cartons, and Pouches



### Find a DROP+GO location near you!



Scan the QR code or visit [northbayrecyclezone.com](http://northbayrecyclezone.com)

#### Questions?

707.766.9990 ext.126  
[recyclehelp@ucpnb.org](mailto:recyclehelp@ucpnb.org)

