FOOD FOR PEOPLE

SANTA ROSA 1899 Mendocino Ave. (707) 546-1806 8am - 8pm daily







SEBASTOPOL 6762 Sebastopol Ave. (707) 407-4020 8am - 9 pm daily



NOT FOR PROFIT

December Sales

Prices valid 12/01- 12/28

Alvarado St. Bakery

Raisin Shine Bread 16 OZ

\$5.99



Honey Mama's

Peppermint Truffle 2.5 oz



Wildwood Natural Foods

Organic Tofu Twin Pack

Extra Firm 15.5 OZ



Green Valley Creamery

Lactose Free Cheddar Cheese 8 OZ

\$6.29



Gefen

Chestnut, whole, roasted 5.2 OZ



Tcho Chocolate

Drinking Chocolate

8.8 OZ



Dandies

Marshmallows Mini Vegan 10 OZ

\$4.49



Manischewitz

Potato Pancake Mix 6 OZ



Eau Thermale Jonzac

Hyalu Activ C Wrinkle

Serum 1.01 FL OZ



JONZAC

NutriBiotic

Electro-C

8 oz

each



Uncle Harry's

Miracle Mouthwash

\$16.99 16 oz



8 oz

Juniper Ridge Incense



\$10.99



LOCAL AGENCIES OFFERING HELP FINDING FOOD & HOT MEALS

2-1-1 Sonoma County

Referrals to food programs, plus help to apply for CalFresh. Dial 2-1-1 or (800) 325-9604 211sonoma.org/food/

Catholic Charities

Referrals to rural food sites, food pantries, plus help to apply for CalFresh. (707) 528-8712 srcharities.org

Council on Aging

Meal programs for seniors 60+ and their caregivers. (707) 525-0383 councilonaging.com

Petaluma Bounty

Food resource guide to Petaluma-area programs in English and Spanish.
(707) 775-3663
Petaluma Bounty.org

Petaluma People Services Center

Meal programs that assist seniors 60+ and their caregivers. (707) 765-8488 petalumapeople.org

Redwood Empire Food Bank

Find food distributions sites near you, Food Connections Market, emergency food boxes, senior baskets, diapers, and help to apply for CalFresh.

Open Monday-Friday.

(707) 523-7903

refb.org

St. Vincent de Paul

Referrals to church-based food programs, including the free lunch site in Santa Rosa. (707) 584-1579 sydp-sonoma.org

Sonoma County WIC

Women, Infant Children Program, Department of Health Services

A program for pregnant women and children to age five who are low-income, plus help to apply for CalFresh. (707) 565-6590

GROCERY & CHILL DEALS

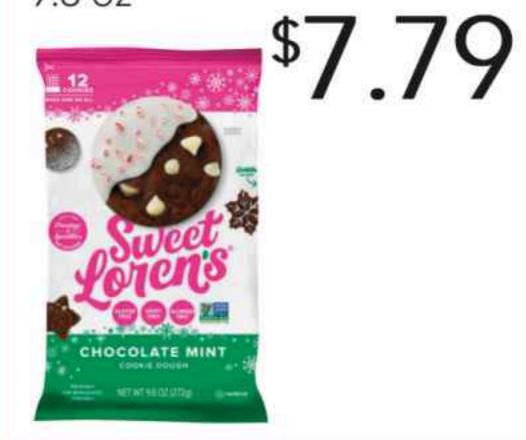
Baba Small Batch

Classic Hummus 8 OZ



Sweet Loren's

Chocolate Mint Cookie Dough 9.6 oz



Nira Craft Fermented Soda

Cherry Vanilla

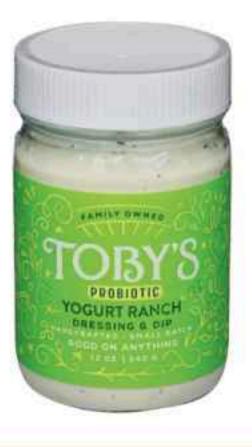
\$2.49 +CA CRV



Toby's Family Foods

Light Ranch Dressing 12 oz

\$5.99



Bubbies Hawaii

Green Tea Mochi Ice Cream 7.5 OZ



Cappello's

Five Cheese Ravioli 9.9 OZ



Lumen

Ginger Immune Shot 1.8 FL OZ

\$3.49



Eat To Heal

Apple Bar 68 g



Martinelli's

25.4 FL OZ

Organic Sparkling Cider

+CA CRV



Bonne Maman

Preserves - Fig 13 OZ

\$7.29



Pacific Foods

Organic Creamy Soup Tomato

32 FL OZ



Cocomels

Organic Coconut Milk Caramels 3.5 OZ



Pukka

Organic Tea Three Ginger 20 BAG



Bob's Red Mill

All Purpose Flour 5 LB



Madhava Honey

Organic Coconut Sugar

Unrefined 16 OZ



Simple Mills

Almond Flour Baking Mix

Pumpkin Muffin 9 OZ

Pumpkin Muffin





Since 1987, the Redwood Empire Food Bank has provided food and nourishment to those facing hunger—serving more than 142,000 children, families, and seniors in Sonoma, Lake, Mendocino, Humboldt, and Del Norte Counties. With over 300 direct service distributions and 130 partnerships with local human service organizations, all residents facing food insecurity have regular access to weekly and monthly food distribution sites across the five counties.

RWEFB provides monthly food distributions through three hunger-relief initiatives:

- Every Child, Every Day: Four robust programs ensure a healthy start in life for our littlest neighbors in need, providing food to 48,000 at-risk children.
- Senior Security: Our Senior Basket program provides food to 15,600 low-income seniors, giving them the nutritional stability and resources they need to lead healthy, independent lives.
- Neighborhood Hunger Network: We provide groceries to anyone in need through a variety of programs that improve the health and well-being of 142,000 individuals in our community.

This month, your spare change can help sustain a vital resource that help to feed our community.





EVENTS DECEMBER 2025



THURSDAY DEC 4TH SEB STORE 12 PM - 2 PM

KIDS IN BUSINESS!

HOLIDAY CRAFTS FAIR

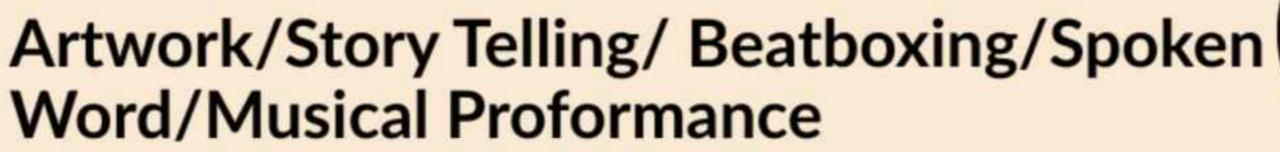


SUNDAY DEC 7TH SEB STORE 2:30 PM -5:30 PM

reclaimed material sculpture art exhibit

THINGS WE CLAIMED

40 PIECES FOR \$40 EACH





SUNDAYS

5 PM

OPEN MIC NIGHT



TUEDAYS

5:30 PM

STITCH & B*TCH



WEDNESDAYS & SUNDAYS

ALL DAY

SENIOR DISCOUNT



FRIDAYS

6 PM

KARAOKE NIGHT





HEALTHY DISCOUNTS IN WELLNESS

Yerba Prima

Psyllium Whole Husks Colon Cleanser 12 OZ

\$15.79



Humble Brands

Bergamot Ginger CBD Deodorant 2.5 OZ

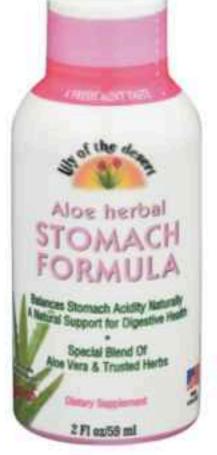
\$1199



Lily Of The Desert

Stomach Formula Shot Fresh Mint 2 FL OZ

\$1.49



Shikai Products

Advanced Formula 1500MG 6 FL OZ

\$43.79



Lumineux

Teeth Whitening Strips 14 CT

\$32.99



Chandrika

Bar Soap Sandal 75 GM

\$1.99



Mickelberry Gardens

Fire Cider 2 oz & 8 oz

\$12.79



4.7

Yerba Prima

Tampico Dry Skin Detox



Uncle Harry's

Remineralization
Powder & Liquid
1 oz

\$8.99 powder

\$10.79

liquid



Herbs Etc.

Deep Sleep® 60 Softgels

\$13.79



Booda Organics

Booda Butter

\$28.79

8.4 oz

\$10.79



Host Defense

Elderberry Plus

Syrup 4 oz

\$21.99



Inesscents

Plant Bath Trio Gift Set 3 x 3.5oz

\$27.99



Symphony

Herbatonin

\$14.49 0.3 mg - 90 caps

\$22.49

3 mg - 60 caps



Wild Carrot Herbals

Cocoa Ginger Body

Butter 4 oz

13.99



Oregon's Wild Harvest

Hawthorn 90 caps

§19.49





DECEMBER 2025 EVENTS



learn more & register for classes at sebarts.org/monthly-calendar

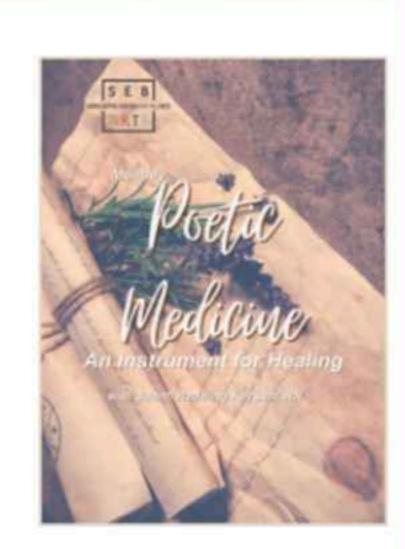
Holiday Art & Makers Market Sunday, December 7 11:00 AM - 4:00 PM



ARTHEURCE

Poetic Medicine: Dec Session

Tuesday, December 9 4:00 PM - 5:30 PM



Now Accepting Applications for 2026!



Songs for Creative

Revolution

Sunday December 14 3:00 PM -5:00 PM



Applications due by December 8

Notifications by December 12

Open Studio Tours
Two Weekends:
Saturdays & Sundays
June 6-7 & 13-14
10am-5pm

Colored Pencil with Nina Antze

Tuesday, December 16 10:00 AM - 1:00 PM





Cacao Spiced Elixir

ORA Cacao with a Community Market twist



INGREDIENTS

- 25–30 discs Oaxacan Spice
 Ceremonial Cacao
- 3/4 cup coconut milk (oat or cashew milk work beautifully too)
- ¼ tsp Host Defense Staments 7
 Mushroom Powder
- ½ cup hot water
- 1 Tsp Kiranjot Turmeric Wellness
 Chai Paste
- 1-2 Tsp raw honey or maple syrup, to taste

DIRECTIONS

- 1. Bring 1/2 cup hot water and 3/4 cup coconut milk to a simmer; not a boil!
- 2. Add 1 Tsp Kiranjot's Turmeric
 Wellness Chai Paste
- 3. Add 1/4 Tsp Hot Defense

 Stamets 7 Mushroom Powder
- 4. Add 1-2 Tsp raw honey or maple syrup, to taste
- 5. Enjoy!



GROCERY & CHILL DEALS

Huney Jun

Lavender Berry

Kombucha 12 FL OZ

\$3.49 +CA CRV



Eatpastry

Gluten Free Chocolate Chip Cookie Dough 14 OZ

\$7.49



Cosmic Bliss

Organic Ice Cream Madagascan Vanilla Bean 14 FL OZ

\$6.99



Evolution Fresh

Organic Cold-Pressed

Juice Orange 59 FL OZ

\$10.79 + CA CRV



Meyenberg

Salted Goat Milk Butter 8 oz

\$8.79



Vista Hermosa

Flour Tortilla 7"

\$5.29



Starlite Cuisine

Vegan Taquitos Chicken Style 14 OZ

\$9.99



Nancy's

Garlic & Herb Cream Cheese 8 oz

\$4.99



Miss Jones Baking Co

Chocolate Chip Cookie Mix

¢/ O

13 OZ



Dr. Bronner's

Organic Virgin Coconut Oil Whole Kernel

\$9.99

14 FL OZ



C2o

Coconut Water Hydration Pack 8/10.5FZ

\$10.99



Artisana

Organic Hazelnut Cacao Spread 8 OZ

\$13.49



Watkins

Rainbow Decorating Sugar

4.6 OZ

\$6.79



If You Care

Baking Paper Sheets 24 CT

\$5.99



Rebel Green

Super Deluxe Dish Soap Peppermint & Lemon 16 FL OZ

\$5.29



Bambo Nature

Baby Wipes 64 CT

\$3.29





PRE-ORDER YOUR HOLIDAY MAIN COURSE

The holidays are about good food and good company. Our Winter Holiday Menu brings both to your table. Holiday mains are available by pre-order December 1-16, and our grab and go sides will be ready December 19. Let us take care of the cooking so you can enjoy the magic of the holidays.

HOLIDAY MAINS AVAILABLE BY PRE-ORDER DECEMBER 1-16

Glazed Ham - nitrate free - \$69.99

A beautiful holiday classic. comes with your choice of finishing glaze to add before reheating. Choose Mustard Maple or Cherry Pineapple for the perfect festive touch.

Turkey Roulade - \$69.99

Rolled and roasted with mushrooms, spinach, and apples. A flavorful, elegant centerpiece that feels special without all the stress.

Vegan Lentil Loaf - \$39.99

A hearty, savory plant based main featuring lentils and sweet potatoes.

GRAB AND GO SIDES AVAILABLE DECEMBER 19 AT BOTH SEBASTOPOL & SANTA ROSA

Beef Shepherd's Pie

Ground beef simmered with carrots and peas and topped our buttery mashed potatoes

Vegan Shepherd's Pie

A hearty mix of seasonal vegetables and fresh herbs topped with our EVOO mashed potatoes

Potatoes Au Gratin

Thinly sliced potatoes baked with provolone, swiss, and cheddar cheeses until golden and tender

Roasted Butternut Squash

Roasted until tender with shaved fennel and apples

Brussel Sprouts

Roasted until crisp with browned butter and bacon crumbles

Turkey Gravy

Classic turkey gravy with a smooth, savory finish

Mushroom Gravy

Vegan mushroom gravy with a rich, savory flavor

TO ORDER

Pre-order your holiday mains by calling (707)407-4020 or visiting the Sebastopol deli counter.

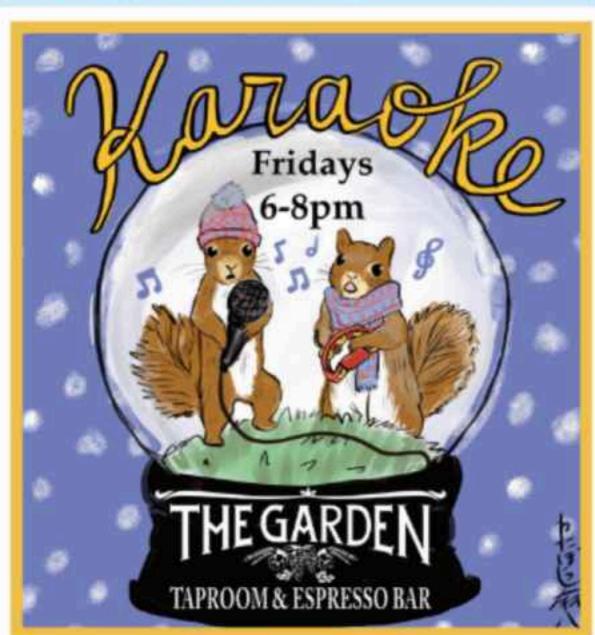
Pick ups will be scheduled during ordering and will be available only at the Sebastopol deli.

Not sure which sides you want to complete your meal?

Come taste our offerings at the Sebastopol store.

Friday, December 19th 12:00-2:00 pm & Sunday, December 21st 11:30-2:30 pm

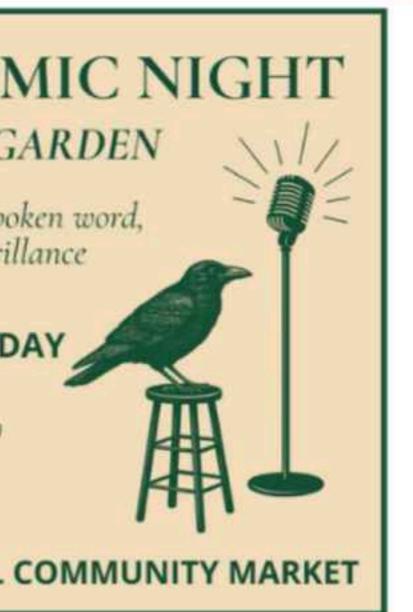


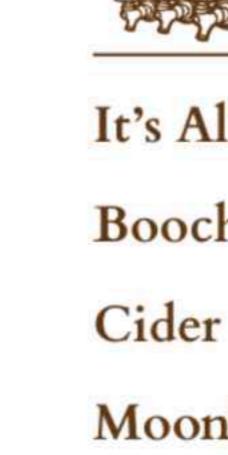














It's Alive Kombucha Local Brewery

Boochcraft Russian River

Henhouse

Moonlight Cooperage

Sours Stouts





ZERO WASTE ACTION -**SONOMA COUNTY &** SEBASTOPOL **GRANGE PRESENT** THE 12TH ANNUAL

SEBASTOPOL GRANGE **6000 SEBASTOPOL AVE EAST OF TOWN**

ON HWY 12 PLEASE CARPOOL!

Synday, December 7, 2025

A fun, ecological way to get new-to-you household items and clothing AND give away quality reusable goods!



Volunteers make this community event possible. **Every adult must** volunteer 30 minutes or donate \$10

For questions and other information, please email lite_marketing@sonic.net

the 29th Annual

GODDESS CRAFTS FAIRE



Featuring Delicious Food & Exquisite Hand-Made Gifts by Local & Regional Women

Joanne Rand, Kiranjot Kaur, Stephanie Salva
Tami Gosnell, Mama Crow, Copperwoman Saso
Bellydance, Drum Circle & more!
MC Kym Trippsmith

Suggested Donation \$7-\$20 (Kids Free)



GoddessCraftsFaire.com











