FOOD FOR PEOPLE

COMMUNITY MARKET

est. 1975

NOT FOR PROFIT

SANTA ROSA
1899 Mendocino Ave.
(707) 546-1806
8 am - 7 pm daily

SEBASTOPOL
6762 Sebastopol Ave.
(707) 407-4020
8 am - 9 pm daily



November Sales



prices good
11/02-11/29

Farmer's Market
100% Organic Pumpkin or Sweet Potato Puree
15 OZ

$2.99 each

try me this month in store



Wholly Wholesome
Organic Pie Shells
Traditional or Gluten Free
14 OZ

$6.00 each



Let's Do Organic
Organic Coconut Milk
Sweetened Condescend
7.4 FL OZ

$3.99



Truly Grass Fed
Natural Creamy
Salted or Unsalted
8 OZ

$4.99 each



Let's Do Organic
Organic Tapioca Granules, Tapioca Starch or Corn Starch
6 OZ

2/$6



Wholesome
Organic 16 oz Molasses, 26 oz Cane, or 24 oz Turbinado Sugar

$5.29 each



Bob's Red Mill
Organic Whole Wheat or All-Purpose Flour
5 LB

$6.49 each



Pamela's
Baking & Pancake Mix
24 OZ

$7.99

GLUTEN FREE



Everyone
Hand Sanitizer Spray
Coconut + Lemon
2 FL OZ

$2.99



Chandrika
Bar Soap
Ayurvedic
2.65 OZ

$2.29 each



Dr. Bronner's
Bar Soap
Rose
5 OZ

$4.49



Good Day Chocolate
Sleep Supplement
Candy Coated Chocolate
.99 OZ

$3.29



FOOD FOR PEOPLE
CHANGE FOR CHANGE
NOT FOR PROFIT

ywca sonoma county

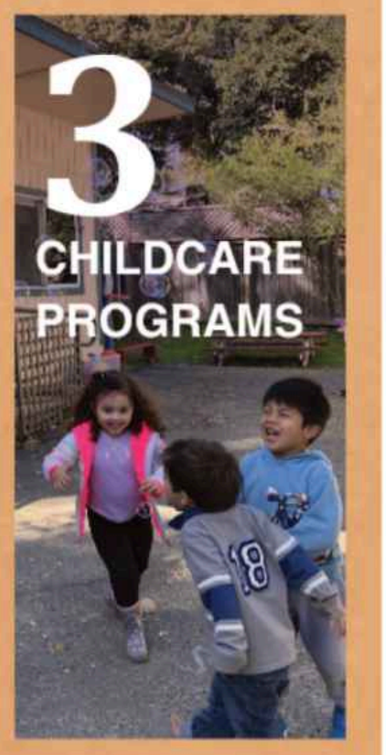
a brand new day…

CELEBRATING 50 YEARS 1976-2026

Keeping local families safe from harm since 1976

2025-2026 OUT COMES











For 50 years, YWCA Sonoma County has been our community's singular and vital provider of comprehensive domestic violence services; answering the call from families who experience violence in the place we should all feel the safest: inside our own homes.

What began in 1976 with a crisis hotline and Safe House Shelter has grown into a continuum of services that supports individuals and families from immediate crisis through healing and rebuilding. As we mark five decades of survival, resilience, and transformation, these services remain central to that promise, with our reach reflected in this past year's impact:

- The County's Only 24/7 Crisis Hotline: A continuous lifeline answering calls day and night for fifty unbroken years. Our advocates answered over 3,000 calls last year.

- The Only Confidential Safe House Shelter: A dedicated, state-designated sanctuary for families fleeing immediate danger. The Safe House provided 5,636 nights of emergency shelter.

- Dual-Language Trauma Counseling: Specialized, bilingual clinical services helping children, adolescents, and adults heal from the trauma of domestic violence and abuse. Our mental health clinicians provided 2,665 hours of trauma-informed counseling to 262 adults and 78 children.

- Trauma-Informed Childcare Services: Three affordable, dual-language childcare programs combine early childhood education with social-emotional learning and family supports. A Special Place is Sonoma County's only therapeutic preschool, providing specialized support for children impacted by trauma and abuse.

This month, please consider donating your change to YWCA Sonoma County to help local families live healthy, productive lives, and be safe in their own homes.

SCAN TO DONATE

GROCERY & CHILL DEALS

Melt
Organic Butter
Made From Plants
13 OZ
$4.99
each



Food For Life
Organic Sprouted Corn Tortillas
10 OZ
$3.50
each



Daring
Plant Chicken Wings
Buffalo
8 OZ
$5.99



Sown
Oat Creamer
Original or Vanilla
32 FL OZ
$5.99
each



Amy's
Frozen Meals
Pesto Tortellinl, Meat Loaf, Pad Thai
9.5 OZ
$7.49
each



Nuts For Cheese
Cream Cheese Style Spread
select varieties
7.4 OZ
$6.79



Stahlbush Island Farms
Whole Cranberries
10 OZ
$4.79



Santa Cruz Organic
Limeade & Lemonades
32 FL OZ
try me this month in store
2/$6
+CA CRV



Simply Organic
Sauce & Dip Packets
$1.99
each



Edward & Sons
Organic Mashed Potatoes
Homestyle or Garlic
3.5 OZ
$2.29
each
try me this month in store



Simply Organic
Organic Gravy
Vegetarian Brown, Turkey or Chicken
1 OZ
2/$3
try me this month in store



Native Forest
100% Organic Pineapple
Chunks, Slices, Crushed
14 OZ
$4.29
each



Rumiano
Organic Cheese Bar
8 OZ
$4.79
each



Back To Nature
Crackers
select varieties
$2.99
each



Peter Rabbit Organics
Organic Pure Fruit Pouch
Mango, Banana and Orange
4 OZ
$1.99



Bim Bam Boo
Flush-able Wipes
42 CT
$3.79



FOOD FOR PEOPLE

COMMUNITY MARKET

est. 1975

NOT FOR PROFIT

EVENTS

NOVEMBER 2026



MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

14 Dr. Cindy Zafis, 1 pm - 3 pm
Sebastopol Community Market | Complimentary screenings and allergy testing for foods, pollen, and other potential irritants challenging your body



14 Holiday Craft Bazaar, 10:00 am - 4:00 pm
Sebastopol Community Market



Tues/ Thurs Chair Massage with Scott Patton, 2:30 pm - 6:30 pm
Thursday 5 & 12, Tuesday 17 & 24
Sebastopol Community Market

Tue Stitch 'N' B*tch, 5:30 pm
Tuesdays at Sebastopol Community Market

Wed & Sun Senior Discount Days, All Day
Wednesdays & Sundays at Community Market



Come Celebrate our 30th Anniversary!



GODDESS CRAFTS FAIRE

December 5 & 6, 2026 • 11am-7pm

Featuring Delicious Food & Exquisite Handmade Gifts!

Fabulous Entertainment with

Sasha Rose, MeganMcElroy andRachelTree, Joanne Rand, Suzanne Sterling, Bellydance, Drum Circle and much more!
MC Mamazon

GoddessCraftsFaire.com

Sebastopol Community Cultural Center
390MorrisSt. • SuggestedDonation$7 - $20(KidsFree)

HEALTHY DISCOUNTS IN WELLNESS

Saltworks
Epsom Salt
5 LB

$9.99



Shikai Products
Shower Gel
Cucumber Melon
12 FL OZ

$8.99



Lakewood
Organic Aloe Juice
Pure or Whole Leaf
32 FL OZ

$8.49
each



Natrol
5-HTP
50 mg
30 caps

$10.49



Earth Therapeutics
Natural Sierra Pumice

$4.29
each



Flo
Bamboo Pads
15 ct

$7.49



The Humble Co.
Kids Ultra Soft
Toothbrush
1 CT

$2.29
each



Eco-Dent
Daily Care
Toothpowder
Original Mint
2 OZ

$7.79



Xlear
Cough Drops
Black Cherry With Xylitol
30 CT

$5.49



Pranarom
Soothing Throat Pastilles
21 ct

$5.99



Aloha Bay
Unsented Votive
Candle

$1.29
each



Pranarom
Purifying Spray
Fresh Citrus
5 oz

$11.49



Mickelberry Gardens
Fire Cider



$12.79
8 oz

$4.99
2 oz

Mickelberry Gardens
Elderberry Honey
Tonic

$11.49
4 oz

try me this month in store



Mickelberry Gardens
Digestive Support
Spray
2 oz

$9.29



Mickelberry Gardens
Bee Calm Stress
Relief Spray
2 oz

$9.29



FOOD FOR PEOPLE
COMMUNITY MARKET
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NOT FOR PROFIT

TASTY SAMPLING NOVEMBER 2026

CHECK OUR SCHEDULE FOR DATES & TIMES
BE SURE YOU GET A TASTE



evanhealy®
the skin breathes
Meet your vendor
Wednesday 11/25

HUMMINGBIRD
trail mix

GARDEN of EATIN' chips + Sweet Creek salsa

Master Supplements INCORPORATED

SANTA CRUZ organic apple juice and lemonade

organic alter eco enlightened indulgence
chocolate

Pamela's mission fig bars

MICKELBERRY Gardens + Choice ORGANIC TEAS

NORDIC NATURALS



Wei Wei's Funky Beans

momofuku sesame noodles

FARMER'S MARKET GOOD FOR YOU GOOD FOR THE WORLD
pumpkin & sweet potato pies from our Deli

BACK TO NATURE crakers + NUTS for CHEESE



LALA'S URBAN FARMSTAND jam +
BACK TO NATURE crakers

BELLA CAPRA GOAT CHEESE CHÈVRE

Simply Organic gravy + Edward & Sons mash potatoes

SACRED MUSHROOMS CACAO Hot Cacao

TRY - The Deli's hot-bar, grab & go and limited time HOLIDAY offerings.

FOOD FOR PEOPLE
COMMUNITY MARKET
est. 1975
THE DELI
NOT FOR PROFIT

House-Made Hummus with Veggies

- Monday, Nov. 11, 11 am - 2 pm -SEB
- Friday, Nov. 20, 11 am - 2 pm - SR

Holiday Grab & Go Sides & Hot-Bar Delights

- Tuesday, Nov. 24, 11 am - 2 pm - SEB
- Thursday, Nov. 26, 11 am - 2 pm - SEB

GROCERY & CHILL DEALS

Field Roast
Plant-Based Celebration Roast
Sage & Garlic
1 LB
$10.79

try me this month in store



Strong Roots
Crispy Potato Tots
16 OZ
$5.49



Just
Plant-Based Eggs
16 FL OZ
$6.99



Wildwood Natural Foods
Organic Baked Tofu
Savory or Teriyaki
7 OZ
$4.49
each



Sinto Gourmet
Kimchi
select varieties
14 oz
$5.49
each



Forager Project
Organic Dairy-Free Sour Cream
12 OZ
$1.79
each



Nancy's
Organic Probiotic Cream Cheese
8 OZ
$3.99
each



Kite Hill
Protein Cream Cheese Alternative
Plain
7.5 OZ
$6.79
each



Dandies
Vegan Marshmallows
Vanilla Mini or Regular
10 oz
$3.99
each



Alter Eco
Organic Chocolate Bars
2.65 oz
$4.79
each

try me this month in store



World Centric
9" Compostable Plates
20 CT
$3.99



If You Care
Parchment Baking Paper or Wax Paper
$6.29
each



World Centric
Ripple Edge Plate 20 ct, Wood Forks or Multi 24 ct
$1.99
each



World Centric
Wheat Straw Bowls
20 ct
$2.49



World Centric
Cold Cup
10/16 oz
$2.79



Seventh Generation
Dish Soap
19 FL OZ
$4.29
each



SEB
SEBASTOPOL CENTER FOR THE ARTS
ARTS

NOVEMBER 2026 EVENTS

learn more & register for classes & events at
sebarts.org/monthly-calendar

Floral Arrangement Workshop
Tuesday, November 3 **OR**
Saturday, November 14
1:00 PM - 4:00 PM



Jizo Peace Project: Clay Gathering for Remembrance and Peace
Friday, November 6
1:30 PM - 2:30 PM



Quiet Light: Watercolor Basics
Saturday, November 7
10:00 AM - 4:00 PM



Returning to the First Mark with Catherine Cruz
Saturday, November 7
11:00 AM - 3:00 PM



Still Life in Acrylic (Natural Earth Paint, Plastic-Free Acrylic)
Sunday, November 8
10:00 AM - 2:00 PM



Winter Botanicals Watercolor Workshop
Sunday, November 8 **AND** 15
1:00 PM - 4:00 PM



November Advanced Colored Pencil with Nina
Tuesday, November 10
10:00 AM - 1:00 PM



Crafting a Recycled Eco-Petal Bouquet
Saturday, November 14
1:00 PM - 4:00 PM



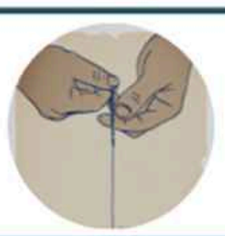
Pendant Workshop
Friday, November 20
10:00 AM - 2:00 PM



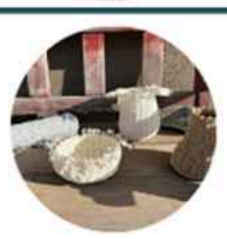
Stone Wrapping
Saturay, November 21
10:00 AM - 3:00 PM



Handmade Future - Film Screening
Saturday, November 21
1:00 PM



Paper Basket Twining
Sunday, November 22
10:00 AM - 4:00 PM



Curatorial Guidance in the Art Market
Thursday, November 12
5:00 PM - 7:00 PM
Develop Collector Relationships Discussion Panel
Tuesday, November 24
12:00 PM - 2:00 PM

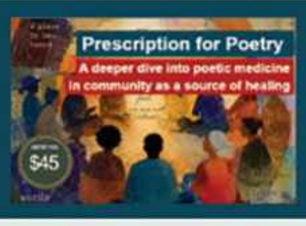
FREE
CREATIVE SONOMA

Poetry Lives
Tuesday, November 24
6:00 PM - 9:00 PM





The Bowl
Saturday, November 14
6:00 PM - 8:00 PM



Prescription for Poetry
Friday, November 20
1:00 PM - 5:00 PM

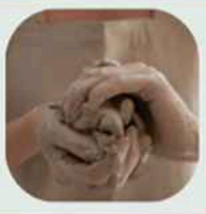
SERIES - NOVEMBER



Life Drawing Meet-Up
Mondays, November 2 - 30
6:00 PM - 9:00 PM



SebTown Clay Club: Afterschool Wednesdays
1:00 PM - 4:30 PM



Handbuilding Wenesdays
November 4 - 18
1:30 PM - 4:00 PM



Intro to Drawing Portraits From Photos
3 Wednesdays
November 4, 11, 18
6:00 PM - 9:00 PM



Intro to Peaceful Pottery
Wendesdays
November 4 - December 9
6:00 PM - 8:30 PM



Art as Self Discovery: Mixed Media Art
Thursdays, November 5, 19 **AND**
December 3, 17
5:30 PM - 8:30 PM



Holiday Handbuilding
Thursdays, November 5, 12, 19
6:00 PM - 9:00 PM



PUMPKIN STUFFING

by supper healthy kids

Prep: 20 min | Total Time: 20 min | Servings: 16@2/3 cup

INGREDIENTS

- 4 tablespoon olive oil
- 1/4 cup **Truly Grass Fed** or **Melt** butter, unsalted
- 8 piece chopped mushrooms
- 2 cup chopped onion
- 5 stalk celery
- 2 tablespoon rosemary, fresh
- 1 tablespoon sage, leaves
- 15 ounce **Farmers Market** canned pumpkin
- 2 cup **Pacific Foods** vegetable broth
- 8 cup stale bread cubes (about ¾")*

**For fresh bread - you can dry out cubes in the oven*



DIRECTIONS

1. Preheat oven to 400 degrees and prepare a 9X13 inch pan by greasing it.
2. In a large pan over medium heat add olive oil and butter and let melt, add mushrooms and let cook for 3 minutes.
3. Add chopped onions and celery and let cook for 10 minutes until veggies are soft.
4. Add rosemary and sage, stir and cook for 1 minute. Season with salt and pepper.
5. Reduce heat to low and add pumpkin and vegetable stock and stir, cook for 5 more minutes.
6. Place bread cubes in casserole dish and pour veggie/pumpkin mixture over bread cubes.
7. Gently toss to coat evenly and bake for 20 minutes.
8. Bake longer for a dryer crispier stuffing!



GREEN TEAM
COMMUNITY MARKET

Did You Know?!

Pieces of paper too small to go into the recycling (less than 3") can go into the compost.

Examples: straw, chopstick wrappers, coin roll wrappers...

BUTCHER SHOP
SEBASTOPOL

SPECIALS & SALES ON NATURAL MEATS

BUTCHER SHOP

COOKED ½ CHICKEN

$9.99/lb

reg. $11.99/lb

MARY'S CHICKEN
SANGER CALIFORNIA

BUTCHER SHOP

GROUND BEEF
GRASS-FED

$11.99/lb

reg. $12.99/lb

GRASS FED

SUN RANCH
WOODLAND CALIFORNIA

BUTCHER SHOP

LAMB KEBABS
HOUSE-MADE

$13.99/lb

reg. $15.99/lb

RIO VISTA FARMS
RIO VISTA CALIFORNIA

BUTCHER SHOP

SWEET ITALIAN PORK SAUSAGE
HOUSE-MADE

$12.99/lb

reg. $14.99/lb

MT. VIEW FARMS
TURLOCK CALIFORNIA

BUTCHER SHOP

ITALIAN HERB CHICKEN LINKS
HOUSE-MADE

$13.99/lb

reg. $15.99/lb

MARY'S CHICKEN
SANGER CALIFORNIA

BUTCHER SHOP

TRITIP STEAK
GRAIN FINISHED

$12.99/lb

reg. $14.99/lb

SUN RANCH
WOODLAND CALIFORNIA

BUTCHER SHOP

CHOPS BONE IN

$11.99/lb

reg. $13.99/lb

MT. VIEW FARMS
TURLOCK CALIFORNIA

BUTCHER SHOP

FLAT IRON STEAK

$12.99/lb

reg. $14.99/lb

SUN RANCH
WOODLAND CALIFORNIA

SEBASTOPOL COMMUNITY MARKET'S

TAPROOM & ESPRESSO BAR

THE GARDEN

OPEN DAILY 8 AM - 8:30 PM, LAST CALL 8:15 PM

HAPPY HOUR 4PM - 6 PM: $1 OFF PINTS & GLASSES OF WINE

There's something for everyone in The Garden at Community Market!

Located in our Sebastopol store, offering a full service Espresso Bar & Boasting 20 rotating taps!

locally roasted coffees, breweries & cider-makers, local & organic wines & locally crafted non-alcoholic probiotic ferments & kombuchas.



Seasonal Coffee Specials: 12 oz $6 16oz $7



Follow the Garden Taproom and Espresso Bar on Instagram for more specials and events happening at CM!

FOOD FOR PEOPLE

COMMUNITY MARKET

est. 1975

THE DELI

COOKING UP THE BEST FOR YOU 7 DAYS A WEEK - 8 AM TO 6 PM

The Deli offers custom & signature sandwiches, wraps, house-made: salads, daily specials, a delicious rotating hot-bar, fresh salad bar, quick grab & go options, sliced meat & cheese by the pound.









OFFERING A HOLIDAY HOT BAR

ROUND OUT YOUR HOLIDAY MEAL WITH OUR GRAB & GO SIDES!

Call our deli to find out what we're serving today: (707) 407-4020

OUR EVERYDAY LOW PRICE BRAND



5 lb Organic Unbleached All Purpose Flour

$7.99



16 oz Organic Brown Sugar

$4.99



2 oz Organic Pure Vanilla Extract

$7.99



32 oz Organic Mayo

$8.99

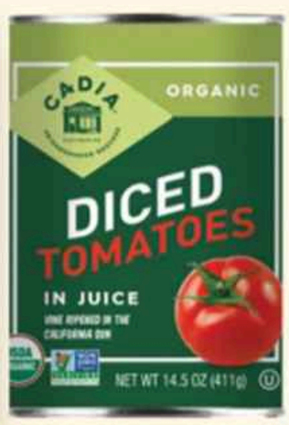
14 oz Classic Organic Yellow Mustard

$2.49



24 oz Organic Unsweetened Apple Sauce

$1.89



14.5 oz Organic Diced Tomatoes

$1.89



15 oz Organic Canned Beans

$1.89



Eat Well *on a* Budget

Easy Vegetarian Game Day Chili

FRESH EVERYDAY & SEASONAL DEALS FROM OUR PRODUCE DEPARTMENT



ORGANIC
BANANAS

$1.99/LB
EVERYDAY



ORGANIC
AVOCADOS

2/$3
EVERYDAY

ORGANIC
MIXED WINTER SQUASH



SALE $1.49/LB
REGULARLY $1.99/LB

CHECK OUT OUR WEEKLY PRODUCE SPECIALS